PROBIOTICS BENEFITS
A BETTER YOU!!
HEALTH

GENERAL
• MENTAL AND MOOD STATE
• HORMONE BALANCING
• INCREASED DETOX RATE
• PH CONTROL
• SLEEP QUALITY
• ANOREXIA NERVOSA
• INCREASE APPETITE

ORAL
• REDUCE PLAQUE
• DENTAL CAVITIES
• INHIBIT MUTANTS STREPTOCOCCI IN THE MOUTH
• GUM DISEASE
• REDUCE GINGIVITIS AND PERIODONTAL DISEASE

ORGAN
• DECREASE KIDNEY STONES
• REDUCE STOMACH ULCERS
• SPLEEN
• DECREASE RISK OF CIRRHOSIS
• REDUCE ENDOTOXIN LEVELS
• THYMUS
IMPROVES

WOMEN’S HEALTH

• REDUCE MASTITIS
• VAGINOSIS/VAGINITIS
• HELP RE-ESTABLISH THE PH OF THE VAGINA
• INHIBIT VAGINAL CANDIDIASIS

DIGESTIVE CONDITIONS

• CONSTIPATION
• INHIBIT AND REDUCE DIARRHEA
• REDUCE VOMITING
• REDUCE FLATULENCE
• REDUCE SYMPTOMS OF CROHN’S DISEASE
• INHIBIT ANTIBIOTIC-RELATED DIARRHEA
• DIVERTICULITIS
• CHRONIC INDIGESTION
• INTESTINAL BARRIER FUNCTION
• REDUCE FLARE-UPS
• REDUCE AND INHIBIT IBS
• REDUCE AND INHIBIT COLITIS
• DECREASE NAUSEA
IMMUNE SYSTEM

- Allergies (General)
- Reduce Eczema
- Hypersensitivity
- Inhibit Severe Systemic Inflammatory Response Syndrome
- Increase Immune Response in HIV/AIDS Patients
- TH1 Cell Stimulation to Fight Fungi and Parasites
- Decrease Symptoms of HIV/AIDS
- Reduce Postoperative Infection
- Reduce Burn Infections (Topical)
- Increase Burn Healing
- Mucosa
- Inhibit Viruses
- Increase Production of Virus Specific Antibodies
- Produce Virus-Specific Antibodies
- Vaccination Enhancement
- Polio Vaccination
- Improve Immune System Efficiency
- Increase Immunity among the Elderly
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CHRONIC DISEASES

- Stops Candida overgrowth
- Kidney stones
- Reduce anemia
- Reduce LDL-cholesterol
- Reduce systolic blood pressure

- Stomach ulcers
- Conjunctivitis
- Reduce asthma symptoms
- Reduce mouth ulcers
- Reduce risk of atherosclerosis
NUTRIENT ABSORPTION AND PRODUCTION

- Increase absorption of dairy
- Decrease or eliminates lactose intolerance
- Increase calcium absorption
- Improve glucose metabolism
- Produce B vitamins

- Phytonutrients
- Fiber digestion
- Iron absorption
- Protein assimilation
- Essential fatty acids
INFANTS

- COLIC
- LOW BIRTH WEIGHTS SURVIVAL
- PREMATURE CHILDBIRTHS
- ROTAVIRUS INFECTION
- ESTABLISH MICROFLORA
- NORMALIZE GUT COLONIZATION
- INCREASE GROWTH IN PRETERM INFANTS
- REDUCE LACTOSE INTOLERANCE SYMPTOMS
- REDUCE DEATH FOR VERY LOW WEIGHT INFANTS